

Golden Heather Medley 4(32s, 32r)

Square Set

This dance was written to celebrate the birthday of my very good friend Heather Redshaw.

Strathspey

1-2 First and third couples change places with their partners giving right hand, and dance into the centre, right hands joined.

3-6 First and third couples dance right hands across one and a quarter times, to finish with first couple facing second couple and third couple facing fourth couple.

7-8 All set.

9-12 First couple with second couple. third couple with fourth couples dance rights and lefts, one step to each hand.

13-16 All turn partners left hand for four bars, finishing as at end of bar six.

17-18 All set.

19-20 First couple with second couple, third couple with fourth couple, dance right hands across half way round.

21-22 Second couple and fourth couple dance left hands across three quarters of the way round.

23-24 Second couple and fourth couple (men pulling right shoulder back) take promenade hold and dance out to finish second couple in third couple's place, and fourth couple in first couple's place.

25-32 All take promenade hold, and dance anti-clockwise all the way round.

Reel

1-2 All ladies dance in to the centre of the dance.

3-6 All ladies set twice, turning right about on the last setting step.

7-8 All ladies dance to place.

9-10 All set to partner.

11-12 All turn partner with the right hand.

13-14 All set to corner

15-16 All turn corner with the left hand.

17-24 All face partners and dance interlocking reels of three (right shoulder to begin) round the set.

25-32 All circle round and back.

Repeat from new positions



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